

EHS Score (Erection Hardness Score)

Objective

This questionnaire assesses the rigidity of your erections over the past month. It helps evaluate your sexual function and guide management if needed.

Instructions

Select only one answer.

Choose the response that best reflects your usual condition over the past month.

There are no right or wrong answers.

Question

Q1. Erection hardness

- 0 No erection possible
 - 1 Penis is larger but not hard
 - 2 Penis is hard, but not enough for penetration
 - 3 Penis is hard enough for penetration, but not completely hard
 - 4 Penis is completely hard and fully rigid
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Result

👉 EHS Score = _____ / 4

Record the number corresponding to the selected response.

Interpretation

In clinical practice, erectile dysfunction is generally defined as an EHS score ≤ 2 .