

MSHQ — Ejaculation Domain Male Sexual Health Questionnaire

Objective

This questionnaire is designed to assess different aspects of your ejaculation over the past month, including the ability to ejaculate, latency, force, volume, associated pleasure, and any discomfort experienced.

Instructions

Please answer based on the past month.

This questionnaire includes all sexual activities: with a partner, with other partners, or during masturbation.

Sexual activity refers to any activity that may lead to ejaculation.

Select only one answer per question.

Please answer all questions whenever possible.

🔑 At the end, you must calculate the score yourself.

1. Ejaculation score

Q5. During the past month, how often were you able to ejaculate during sexual activity?

- 5 Always
 - 4 Most of the time
 - 3 About half of the time
 - 2 Less than half of the time
 - 1 Never / I was unable to ejaculate
-

Q6. During the past month, when engaging in sexual activity, how often did you feel that ejaculation took too long?

- 5 Never
- 4 Less than half of the time
- 3 About half of the time
- 2 Most of the time
- 1 Every time
- 0 I was unable to ejaculate

Q7. During the past month, how often during sexual activity did you feel that you ejaculated but no semen was produced?

- 5 Never
 - 4 Less than half of the time
 - 3 About half of the time
 - 2 Most of the time
 - 1 Every time
 - 0 I was unable to ejaculate
-

Q8. How would you rate the force or strength of your ejaculations over the past month?

- 5 As strong as always / unchanged
 - 4 Slightly weaker
 - 3 Weaker
 - 2 Much weaker
 - 1 Significantly weaker
 - 0 I was unable to ejaculate
-

Q9. Based on the past month, how would you rate the volume or amount of semen when you ejaculate?

- 5 As much as always / unchanged
 - 4 Slightly less
 - 3 Less
 - 2 Much less
 - 1 Significantly less
 - 0 I was unable to ejaculate
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Q10. Compared to one month ago, how would you rate the physical pleasure you experienced during ejaculation?

- 5 Much increased
 - 4 Moderately increased
 - 3 No change
 - 2 Moderately decreased
 - 1 Much decreased
 - 0 I was unable to ejaculate
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Q11. During the past month, did you experience any physical pain or discomfort during ejaculation?

- 5 No pain
 - 4 Mild pain or discomfort
 - 3 Moderate pain or discomfort
 - 2 Severe pain or discomfort
 - 1 Very severe pain or discomfort
 - 0 I was unable to ejaculate
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Ejaculation score calculation (to be completed by the patient)

Record the number corresponding to each selected response.
Then add:

Q5 + Q6 + Q7 + Q8 + Q9 + Q10 + Q11 = _____

🏠 Ejaculation Score = _____ / 35

2. Bother score related to ejaculation problems

Q12. During the past month, if you had difficulty ejaculating or were unable to ejaculate, how much did this bother you?

- 5 Not at all bothered
 - 4 Slightly bothered
 - 3 Moderately bothered
 - 2 Very bothered
 - 1 Extremely bothered
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Bother score calculation (to be completed by the patient)

Record the number corresponding to your selected response:

Q12 = _____

🏠 Bother Score = _____ / 5